



DATES FOR YOUR DIARY

Wed 25 April

Open Meeting Methodist Church 2.30 pm
Sue Woodcock "From Copper to Shepherd"

Wed 30 May

Open Meeting Methodist Church 2.30 pm
February's cancelled talk David Calverley "Curious Cathedrals"

Wed 27 June

Annual General Meeting Methodist Church 2.30 pm
see below

Annual General Meeting
Don't miss the AGM on Wednesday 27 June!

This is **your** chance to hear all about our last year, to show your appreciation of the way your committee runs our fabulous group, to air any grievances and make suggestions re the future.

After the business meeting "The Daytones", a local barbershop close harmony group, will entertain us.

Wetherby in Support of the Elderly (WiSE) – Seeking Trustees

WiSE is an admirable local charity supporting many elderly people in the Wetherby area - including a number of U3A members. It is a registered charity with a board of 10 voluntary trustees who meet monthly, usually on a Friday morning. The organisation is currently seeking new trustees.

Any U3A members interested in becoming a trustee should contact Sarah Goodwin either by email at sarah.goodwin@w-ise.org.uk or telephone 586582. Sarah will be happy to provide further information. Details about WiSE activities can also be seen on the website www.w-ise.org.uk.

Brian Taylor, Chairman

NO MORE FLAMING EXCUSES...

West Yorkshire Fire & Rescue Service (Wetherby Fire Brigade) is offering a free home fire safety check and free smoke alarm (if needed). Just call 01937 582222 to fix a time & date. **CALL NOW**

Anniversary Lunch Wednesday 11 April at The Bridge

This lunch, which was attended by over 100 members, turned out to be a back to front affair. At the last minute the speaker Dale Gibson who lives in Boston Spa, had to attend an important meeting as an Executive Director of the Professional Jockeys' Association that afternoon so he spoke **before** we had our lunch.



Dale proved to be a most amusing and informative speaker. He retired as a flat racing jockey in 2009 having been the North's senior flat racing jockey riding 500 winners including five for the Queen. His grandfather was involved in flat racing and his father was a flat racing jockey. Dale still maintains his slim figure weighing in at 7 stone 13 pounds.

He talked about the busy life that jockeys lead and the dangers of the sport. He passed around a spinal protection jacket and a pair of the soft slippers that all jockeys wear. All clothing and equipment is designed to weigh as little as possible. He also brought along the latest whip which he demonstrated on our chairman!

Dale also talked about legal ramifications and the future of the racing industry which is one of the top five largest industries in the country. At the moment the Association is planning to introduce two 'holiday' periods a year which will ensure that jockeys get some days off.

After Dale left for his meeting we all enjoyed a leisurely lunch.

NEWS OF NEW GROUPS AND COURSES

GROUPS

Spanish for Complete Beginners

The new group is up and running and full. There are five people on the waiting list so it is likely that another group will start. If you are interested in learning Spanish please get in touch.

Astronomy

There will be a meeting on 27 April at 10 am to discuss this new group. There are still places available. If you would like to attend please let me know.

Guitar and World Religion 2

Both these groups should start soon. There are still spaces on both.

Archaeology See next page.

If you are interested in any of the above or have ideas for a new group please let me know.

Delia Wells 541517 dewells24@gmail.com

Archaeology - a possible new group

Is anyone interested in helping to start an archaeology group? I am not willing to lead this group, as I am no expert, but feel it would run well as a co-operative, perhaps once per month.

There are resources on YouTube and the U3A Trust has 100 or so DVDs. My idea is that it would work well as a study group in the wintertime using DVDs and online resources and use the better weather (if that ever materialises) to do relevant visits.

The group would all decide what to study and different members would be responsible for finding out the details of visits. This could be done in twos and threes if members were not confident enough to do it alone. Please let me have your contact details and I'll arrange an initial discussion meeting when there are enough of us.

Lesley Newnham 845773 l.newnham45@gmail.com

NOTABLE CHANGES & CORRECTIONS

Joint leader of both **Canasta** and **Table Tennis**

Liz's new email address is liz.minnis1504@yahoo.com

German

Now meets at 1.30 - 2.30 pm

Scrabble

New leader Remie Bellamy's telephone no. is 573053

Scrabble 2

Leader's new email address is g.kingman2@yahoo.com

NEWS FROM THE ESTABLISHED GROUPS

Reports from the Group Leaders

Art Appreciation

We recently held a planning meeting and we have decided to do more visits to galleries and exhibitions. Our programme for April until July is as follows:

Thurs 19 April Visit to The Hepworth Gallery, Wakefield

Thurs 17 May Visit to The Mercer Gallery, Harrogate - Picturing Women

Thurs 21 June Presentations on Andy Goldsworthy by Barry Atkinson

and Tiffany Glass by Doreen Hopkins

Thurs 19 July A museum visit to view The Ashington Group (Pitmen Painters)

New members will be made very welcome. Please contact me.

Mary Merkin 584752 mary.merkin46@gmail.com

Canasta (Thursday afternoons)

These afternoon sessions playing canasta in Kirk Deighton village hall are proving to be very enjoyable. We meet on the first and third Thursdays in the month from 2 - 4 pm. Now we have moved into the larger hall we have room for more members so please come and join us. If you are new to canasta, lessons are given to help you join in. It is a sociable and friendly way to spend two hours.

Linda Clifford 589024 linda.clifford4@btinternet.com

Liz Minnis 58135 liz.minnis1504@yahoo.com

Canasta Evening

Our group has started very well and we're enjoying it so much that twelve of us even played on Easter Bank Holiday Monday.

We began in October, when I was appointed as the leader and have become a friendly group where mixed skill levels are not a problem. Some of our members have played Canasta for many years and others are new to the game. However we all have an enjoyable time with laughter and refreshments available throughout the evening. We meet on the 1st and 3rd Monday evening of the month at Kirk Deighton Village Hall from 7 - 9 pm.

Liz Welborn 584582 granny.welborn@talk21.com

Cycling

Our cycling groups are offering you the chance to come and have a go. See the back page for details.

Historical Houses 2 Coach trips for 2018

Any spare seats after the HH2 group members have booked will be available to all U3A members. If you would like to register interest for either of these trips please contact me leaving your name and telephone number. I will need advance payment nearer the time.

Thursday 21 June Burghley House

Depart: Station Car Park, Linton Rd, 8.30 am in an executive coach with toilet

At Burghley: 2.30 pm guided tour lasting 75 minutes

Cost: £25 per person to cover coach and house and gardens with tour - payable in advance

(As it is a guided tour HHA members will still have to pay £25.)

Access: There is a chair lift to the first floor, as long as people can leave their wheelchairs to use it.

Return: Approx 6.30 pm

Thursday 20 September Renishaw Hall

Depart : Station Car Park, Linton Rd at 8.50 am in an executive coach

Arrive: approx. 10.30 with tea or coffee on arrival.

At Renishaw A guided tour has been booked for 11am which will last 1 hour.

Cost: £20 per person to cover coach, Hall and gardens, museum and coffee

Return: Approx. 6 pm

Connie Fox 587176 bev.con@talktalk.net

Mah Jong

We meet every Tuesday afternoon from 2:00 to 5:00 pm at Kirk Deighton Village Hall. Why not give this Chinese tile game a try? It is an easy game to pick up. All are welcome whether you are an experienced player or a beginner. We are a warm friendly group.

David Titchmarsh 581802 dtitchmarsh@btinternet.com

Memory Course October 2018 - Expressions of interest invited

The waiting list for this year's October memory course is still open so if you are able to commit to four consecutive Wednesday mornings starting on Wednesday 10 October, then please get in touch with your contact details.

We are all interested in keeping our memory as active as possible for as long as possible. This course aims to explain something of how memory works in our "third age" and offers discussion, advice and strategies to help maintain our existing memory.

All sessions take place in the meeting room at Kirk Deighton Village Hall. The main thrust is to learn about aspects of memory in our third age and to help reduce related anxieties in a fun and relaxed atmosphere.

The total cost of the course is £12 per person and is payable at session one. This covers the hire of the venue, refreshments for all sessions and your very own course booklet to take away and keep. We have these printed to order.

If you can't make Wednesday mornings but are interested in attending this course, please put your name forward for the following one which will be on a Tuesday morning (date TBC).

Alternatively, if you find yourself available as soon as Tuesday mornings in May, there could still be a place available. Please check with me. If you are interested please get in touch with me.

Jen Scott 01423 339504 jenscott.pps@gmail.com

Walkers Ultra

This group is up and running again for this year. So far we have had two brilliant walks, one to Roseberry Topping in the snow and the other to Clapton's Norber Erratics in glorious sunshine.

If you feel that you can walk up to 15 miles at a reasonable pace, please come and try our group. We usually walk on the first Monday of each month March to October. Our next walk is in Edale on Wednesday 2 May.

Sue Howard 07808 584432 sehowarduk@gmail.com

Walking with Lunch 1

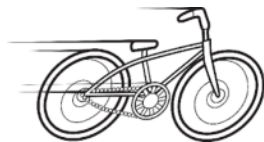
The adverse weather and snow during March saw both our walk and lunch cancelled but in April we had a nice day. However the constant rain from the previous week prevented us from completing the planned walk along the river at Tockwith due to flooding. However we did manage a shorter walk. It was a real treat to feel the warmth of the sun for a change and we enjoyed a pleasant lunch at the Spotted Ox.

We are hoping for better weather for our May walk, as once again we have organised a coach trip to Whitby for a walk followed by fish and chips at Trenchers.

Jeff Britton 01423 358046 jeff.britton@btinternet.com

Why Not Try a Bike Ride?

Wetherby U3A cycling groups are offering all Wetherby U3A members an opportunity to try a bicycle ride. The venue will be the Bridge Hotel car park at Walshford, on Monday 21 May from 2.00 – 4.00 pm.



We hope to have bikes available for all sizes from 5 foot to 6 foot-plus, including 'E' bikes [electrically assisted]. You can just have a tootle around the car park, a short ride on the road or a ride down the cycle track towards Wetherby. Each ride will be accompanied by a cycling group member. Whilst some of us have cycled all our lives, most of us have taken it up again in later years.

There will be plenty of us to chat to you about restarting cycling at U3A age, and the bar at the Bridge will be open for refreshments.

If you would like to join us please contact me.

Bob Debell 07932 158213 bob@debell.me.uk

FORTHCOMING OPEN MEETINGS

Wetherby Methodist Church at 2.30 pm unless otherwise stated
£2 entry for non members

Wed 25 April, Wed 30 May, Wed 27 June AGM
and the last Wednesday in the month thereafter.

This **MONTHLY MEMO** is a U3A news update for immediate ready reference. The **NEWSLETTER** is usually published in February, July & November and the **MONTHLY MEMO** on the remaining months except December. See our website **www.wetherbyU3A.org.uk** for further information such as details of the group leaders and membership application forms.

>> Closing date for final copy for May Monthly Memo will be Sat 19 May <<

Chair	Brian Taylor	586694	btu3awetherby@gmail.com
Membership Secretary	Sue Addinall	572823	memsecu3awetherby@gmail.com
Groups Coordinator	Delia Wells	541517	dewells24@gmail.com
Editor Newsletters & Monthly Memos	520180		joyce.bale@outlook.com